

## **Keswick to Threlkeld**

# 5km Challenge

Take on the **#K2TChallenge** and help raise funds to reconnect the Keswick to Threlkeld railway path trail.

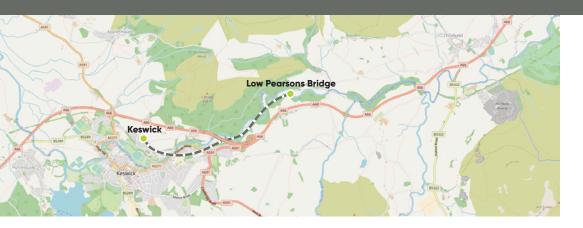
# **Get involved!**

- 1 Complete 5km anyway and anywhere you like
- 2 Donate £5 text 'KTOT18 £5' to 70070
- 3 Snap a selfie
- 4 Nominate 5 friends to take on the challenge
- 5 Share #K2TChallenge



# We've got 5 different 5km routes you could try today.

# **Check them out!**



## ■ Keswick Railway Path ■

**Route type:** Multi-user trail - OS Explorer Map OL4. Beautiful traffic

free, tree clad flat route following the River Greta

**Start point:** Public car park opposite the old station building next to

the Leisure Pool, Station Avenue, Keswick, CA12 4NQ

**Turning point:** When you hit the first missing bridge, Low Pearsons

Bridge which was washed away by Storm Desmond,

turn around

## Weswick to Latrigg • In the second of the second

#### **Route type**

Intermediate - OS Explorer Map OL4. Short walk with rewarding views from the summit of Latrigg across the Borrowdale valley, Keswick and Derwentwater

#### **Start point**

Keswick Information Centre, Moot Hall, Keswick CA12 5JR

Turning point: The summit



#### ■ Keswick to Catbells ▶

#### **Route type:**

Intermediate - OS Explorer Map OL4. Steady, steep climb to the summit rewarded by stunning views across Derwentwater

#### Start point:

Keswick Launch Co., Derwentwater Foreshore, Keswick, Keswick CA12 5DJ. Take the Keswick Launch boat from Keswick to Hawes End

#### **Turning point:**

Reach the summit then continue south and then turn left (East) i.e. towards the lake. Follow the well-worn path down the series of zigzags back along the road back to Hawes End to jump back on the ferry

# Whinlatter Forest Seat How Summit Trail

#### **Route type:**

Intermediate – collect a map from Whinlatter Visitor Centre. This circular walk soaks up views of Derwentwater and Bassenthwaite Lakes and Skiddaw and Helvellyn mountain ranges

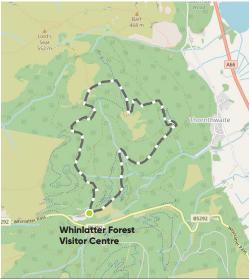
#### **Start point:**

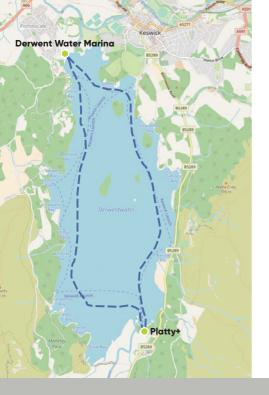
Whinlatter Forest Visitor Centre, Braithwaite, Keswick, Cumbria, CA12 5TW

#### **Turning point:**

Circular route, following the green walking trail waymarkers







### ◀ ⑤ Kayak, swim, paddleboard the length of Derwentwater

#### **Route type:**

Challenging. Good level of fitness and technical ability - OS Explorer Map OL4

#### **Start point:**

If you've got your own kit start at either end or if hiring equipment from the North end, head to Derwent Water Marina or the South end check out Platty+

#### **Turning point:**

Head to the bottom of the lake, if you are feeling fit head back the same way or make other arrangements

**Please note:** the routes suggested are self-guided and carried out at your own risk.

We need to raise £300,000 by June 2018 to support the Lake District National Park to restore and repair the damage caused by flooding in 2015.

Every donation big or small makes a difference. We thank you in advance for supporting this cause.

Thank you!

### **Donate Today**



Donate £5 text 'KTOT18 £5' to 70070



lakedistrictfoundation.org/donate-now



Cheque payable to the Lake District Foundation (mark the back K2T)



Murley Moss Business Park, Oxenholme Road, Kendal, Cumbria LA9 7RL 01539 822622

- ✓ info@lakedistrictfoundation.org
- (f) @lakedistrictfoundation
- @lakesfoundation



lakedistrictfoundation.org